

Kaderlimiten U20 – Aktive Frauen

1 November 2023



	U20						U23									Aktive		
Frauen	18	A	B	19	A	B	20	A	B	21	A	B	22	A	B	23+	A	B
100m	12.13	12.49	12.87	12.00	12.36	12.73	11.89	12.25	12.61	11.79	12.14	12.51	11.71	12.06	12.42	11.64	11.99	12.35
200m	24.87	25.62	26.38	24.60	25.34	26.10	24.38	25.11	25.86	24.19	24.92	25.66	24.02	24.74	25.48	23.88	24.60	25.33
400m	56.38	58.07	59.81	55.80	57.47	59.20	55.32	56.98	58.69	54.89	56.54	58.23	54.50	56.14	57.82	54.15	55.77	57.45
800m	02:11.61	02:15.56	02:19.63	02:10.00	02:13.90	02:17.92	02:08.54	02:12.40	02:16.37	02:07.23	02:11.05	02:14.98	02:06.06	02:09.84	02:13.74	02:05.05	02:08.80	02:12.67
1500m	04:34.12	04:42.34	04:50.81	04:30.00	04:38.10	04:46.44	04:26.08	04:34.06	04:42.28	04:22.61	04:30.49	04:38.60	04:19.59	04:27.38	04:35.40	04:17.01	04:24.72	04:32.66
5000m	17:37.33	18:09.05	18:41.72	17:15.00	17:46.05	18:18.03	16:53.73	17:24.14	17:55.47	16:35.03	17:04.88	17:35.63	16:18.90	16:48.27	17:18.52	16:05.32	16:34.28	17:04.11
10000m													35:25.19	36:28.95	37:34.61	34:55.55	35:58.42	37:03.17
100m H	14.53	15.26	16.02	14.30	15.02	15.77	14.08	14.78	15.52	13.88	14.57	15.30	13.72	14.41	15.13	13.57	14.25	14.96
400m H	62.24	64.11	66.03	61.40	63.24	65.14	60.62	62.44	64.31	59.93	61.73	63.58	59.33	61.11	62.94	58.83	60.59	62.41
3000m St.	11:08.16	11:28.20	11:48.85	10:55.00	11:14.65	11:34.89	10:42.47	11:01.74	11:21.60	10:31.26	10:50.20	11:09.70	10:21.37	10:40.01	10:59.21	10:12.79	10:31.17	10:50.11
Marathon													02:52:30	02:57:41	03:03:00	02:50:15	02:55:21	03:00:37
Weitsprung	5.82	5.53	5.25	5.95	5.65	5.37	6.06	5.76	5.47	6.16	5.85	5.56	6.24	5.93	5.63	6.31	5.99	5.69
Hochsprung	1.75	1.66	1.58	1.78	1.69	1.61	1.80	1.71	1.62	1.82	1.73	1.64	1.83	1.74	1.65	1.84	1.75	1.66
Dreisprung	12.22	11.61	11.03	12.50	11.88	11.28	12.74	12.10	11.50	12.96	12.31	11.70	13.14	12.48	11.86	13.31	12.64	12.01
Stabhochsprung	3.87	3.68	3.49	3.95	3.75	3.56	4.01	3.81	3.62	4.07	3.87	3.67	4.12	3.91	3.72	4.16	3.95	3.75
Kugel	12.90	11.61	10.45	13.50	12.15	10.94	14.01	12.61	11.35	14.46	13.01	11.71	14.85	13.37	12.03	15.18	13.66	12.30
Hammer	55.13	49.62	44.66	57.50	51.75	46.58	59.47	53.52	48.17	61.21	55.09	49.58	62.71	56.44	50.80	63.97	57.57	51.82
Diskus	43.31	38.98	35.08	45.50	40.95	36.86	47.49	42.74	38.47	49.26	44.33	39.90	50.81	45.73	41.16	52.13	46.92	42.23
Speer	45.94	41.35	37.21	48.00	43.20	38.88	49.71	44.74	40.27	51.24	46.12	41.50	52.58	47.32	42.59	53.74	48.37	43.53
Siebenkampf	5041	4789	4550	5175	4916	4670	5287	5023	4772	5387	5118	4862	5475	5201	4941	5551	5273	5010